

# ***Webinar: Innovation in Workplace Mental Health, in collaboration with The City Mental Health Alliance***

23 September 2020

09:00 / Webinar opening remarks

## CHAIR



Michael Cole-Fontayn  
Chairman, AFME



Poppy Jaman  
Chief Executive Officer, City Mental Health Alliance

09:10 / [Panel discussion](#)  
How Do We Strike A Balance Between Work, Technology and Our Mental Health?

## OVERVIEW

- / How is the uncertainty around the return to work impacting people's mental health?
- / How will organisations continue to support their staff's mental wellbeing as this 'new normal' continues to develop?
- / Has the digital component become vital in organisations' wellbeing strategies?

## MODERATOR



Poppy Jaman  
Chief Executive Officer, City Mental Health Alliance

## SPEAKER



Dan Watkins

Head of Markets, Clearing and Collateral EMEA, BNY Mellon



Nick Taylor

Chief Executive Officer and Co-Founder, Unmind



Rebecca Bradley

Project Manager - Innovation and Change Team, Workplace and Secretarial Solutions, PwC

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10:00 / End of Webinar