

CONFERENCE

Webinar: How Has Lockdown Impacted the Mental Health of Wholesale Financial Markets Professionals?

14 May 2020 / Webinar

10:00 / Webinar opening remarks

Panel discussion

10:05 / **How Has Lockdown Impacted the Mental Health of Wholesale Financial Markets Professionals?**

OVERVIEW

- / What is the mental health impact of social isolation?
- / Mental health at work: what are organisations doing to address this? What else can be done?
- / Mental health support during lockdown: helping yourself and your colleagues
- / Life after isolation: social and economic impact

SPEAKER S

Paul Barrett

Head of Wellbeing, Bank Workers Charity



Nigel Jones

Executive Coach, Wellbeing Consultant and Advisory Group and Chair, City Mental Health Alliance

10:45 / End of webinar